



DESTY'S FEELINGS SCALE

PURPLE

Joy, Knowledge, Passion, Empowerment, Freedom, Love, Appreciation

BLUE

Enthusiasm, Eagerness, Happiness, Positive Expectation, Belief

GREEN

Trust, Optimism, Hopefulness, Contentment

YELLOW

Boredom, Pessimism, Frustration, Irritation, Impatience, Overwhelmed

ORANGE

Disappointment, Doubt, Worry, Blame, Discouragement, Sadness

RED

Anger, Rage, Revenge, Hatred

BROWN

Jealousy, Insecurity, Guilt, Unworthiness, Shame

BLACK

Fear, Grief, Depression, Despair, Powerlessness