

Unit Overview

| | Autumn Whole school Values Respect & Thoughtfulness or Respect and Peace | Spring Whole school Values Sharing and Caring & Responsibility and cooperation or Courage and Happiness | Summer Whole school Values Friendship and Honesty or Trust and Tolerance |
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| Foundation Stage | <p style="text-align: center;"><u>Personal Social and Emotional Development</u></p> <p>Talk about members of their immediate family and community. Name and describe people who are familiar to them.</p> <p>Tour of the school and indoor and outdoor rules</p> <p>Talk about the contents of their 'My Special Things' box</p> <p>New beginnings SEAL</p> <p>See themselves as a valuable individual.</p> <p>Build constructive and respectful relationships.</p> <p>Express their feelings and consider the feelings of others.</p> <p>Identify and moderate their own feelings socially and emotionally.</p> <p>Manage their own needs.</p> <p>Stories about how they and others show feelings</p> <p>Feelings Monster</p> | <p style="text-align: center;"><u>Personal Social and Emotional Development</u></p> <p>'Going for Goals!' activities identifying individual strengths and goals.</p> <p>Feelings relating to penguin stories – shy, lonely, confused, home sick.</p> <p>How are we different from one another?</p> <p>Stories illustrating perseverance, e.g. The Tortoise and the Hare, Gordon and Edward (Thomas the Tank Engine), Story about Samindra, The Crow and the Pitcher</p> <p>Good to Be Me</p> <p>Good to me – activities using puppets/role play</p> <p>Feeling good about myself</p> <p>Understand my feelings, e.g. happy, proud, sad, angry</p> <p>Feel loved and cared for</p> | <p style="text-align: center;"><u>Personal Social and Emotional Development</u></p> <p>'Relationships'</p> <p>Fair and unfair situations</p> <p>Activities</p> <p>Changes activities</p> <p>How we change over time</p> <p>Remembering our first day at school</p> <p>Looking ahead to Year 1</p> <p>Helping new children who visit</p> <p>Behaviour – by accident /on purpose and finding solutions</p> |

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| | <p>Getting on and Falling Out SEAL Resolving conflicts Identify and moderate their own feelings socially and emotionally. Building respectful relationships with adults and other children</p> | | |
| <p>Year 1</p> | <p><u>Health and Wellbeing (H)</u> Mental Health <u>Relationships (R)</u> Friendships Safe relationships Respecting self and others <u>Living in the Wider World (L)</u> Shared responsibilities <u>Medium Term Plan 1</u> <u>Medium Term Plan 2</u></p> | <p><u>Health and Wellbeing (H)</u> Healthy Lifestyles (physical wellbeing) <u>Relationships (R)</u> Families and close positive relationships Friendships Respecting self and others <u>Living in the Wider World (L)</u> Shared responsibilities Communities <u>Medium Term Plan 1</u> <u>Medium Term Plan 2</u></p> | <p><u>Health and Wellbeing (H)</u> Healthy Lifestyles (physical wellbeing) Ourselves, growing and changing Keeping safe <u>Relationships</u> Managing hurtful behaviour and bullying Safe relationships <u>Living in the Wider World (L)</u> Economic wellbeing: money Economic wellbeing: aspirations, work and career <u>Medium Term Plan 1</u> <u>Medium Term Plan 2</u></p> |
| <p>Year 2</p> | <p><u>Health and Wellbeing (H)</u> Mental Health <u>Relationships (R)</u> Friendships Safe relationships Respecting self and others Medium Term Plan 1 Medium Term Plan 2</p> | <p><u>Health and Wellbeing (H)</u> Healthy Lifestyles (physical wellbeing) Keeping safe <u>Relationships (R)</u> Managing hurtful behaviour and bullying <u>Medium Term Plan 1</u> <u>Medium Term Plan 2</u></p> | <p><u>Health and Wellbeing (H)</u> Ourselves, growing and changing <u>Relationships (R)</u> Families and close positive relationships <u>Living in the Wider World (L)</u> Shared responsibilities Communities Media literacy and digital resilience Economic wellbeing: money Economic wellbeing: aspirations, work and career <u>Medium Term Plan 1</u> <u>Medium Term Plan 2</u></p> |

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| <p>Year 3</p> | <p><u>Relationships (R)</u> Families and close positive relationships Friendships <u>Health and Well being</u> Keeping safe <u>Relationships</u> Managing hurtful behaviour and bullying <u>Medium Term Plan 1</u> <u>Medium Term Plan 2</u></p> | <p><u>Health and Well being</u> Mental Health Ourselves, growing and changing <u>Relationships</u> Safe relationships <u>Living in the Wider world</u> Communities Economic wellbeing: aspirations, work and career <u>Medium Term Plan 1</u> <u>Medium Term Plan 2</u></p> | <p><u>Health and Well being</u> Healthy Lifestyles (physical wellbeing) Problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools <u>Living in the Wider world</u> Economic wellbeing: money Shared responsibilities <u>Relationships</u> Respecting self and others <u>Living in the Wider world</u> <u>Medium Term Plan 1</u> <u>Medium Term Plan 2</u></p> |
| <p>Year 4</p> | <p><u>Living in the Wider World (L)</u> Shared responsibilities (L) Communities (L) Media literacy and digital resilience (L) Economic wellbeing: money(L) Economic wellbeing: aspirations, work and career (L) <u>Medium Term Plan</u></p> | <p><u>Relationships (R)</u> Families and close positive relationships Friendships (R) Managing hurtful behaviour and bullying (R) Safe Relationships (R) <u>Health and Wellbeing (H)</u> Healthy Lifestyles D&T (H) Mental Health (H) Keeping safe (H) <u>Medium Term Plan</u></p> | <p><u>Health and Wellbeing (H)</u> Healthy lifestyles (H) Ourselves growing and changing (H) Drugs, alcohol, tobacco (H) Keeping safe <u>Relationships (R)</u> Respecting self and others (R) <u>Medium Term Plan</u></p> |