

Unit Overview - short term planning is taken from [The PE Hub](#)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Teacher Premier	Teacher Premier	Teacher Premier	Teacher Premier	Teacher Premier	Teacher Premier
Foundation Stage	Cooperate and solve problems Unit 1	Gymnastics unit 1	Dance Unit 1	Dance Unit 2	Gymnastics Unit 2	Athletics
	Body Management Unit 1	Manipulation and Co-ordination Unit 1	Body Management Unit 2	Speed, Agility, Travel Unit 1	Cooperate and solve problems Unit 2	Speed, Agility, Travel Unit 2
Year 1	Gymnastics Unit 1	Dance Unit 1	Send and Return Unit 2	Attack, Defend and Shoot Unit 1	Dance Unit 2	Attack, Defend and Shoot Unit 2
	Hit, Catch, Run Unit 1	Send and Return Unit 1	Gymnastics Unit 2	Hit, Catch, Run Unit 2	Run, Jump, Throw Unit 1	Run, Jump, Throw Unit 2
Year 2	Gymnastics unit 1	Dance Unit 2	Dance Unit 1	Attack, Defend and Shoot Unit 2	Run, Jump, Throw Unit 1	Run, Jump, Throw Unit 2
	Attack, Defend and Shoot Unit 1	Gymnastic unit 2	Hit, Catch, Run. Unit 1	Hit, Catch, Run. Unit 2	Send and return Unit 1	Send and return Unit 2
Year 3	Netball Unit	Gymnastics Unit 1	Swimming (top up)	Dance 2	Badminton	Athletics
	Football	OAA	Dance 1	Gymnastics Unit 2	Handball	Rounders Unit

Year 4	<u>Gymnastics Unit 1</u>	<u>OAA</u>	<u>Dance 2</u>	Swimming (NC requirement)	<u>Netball</u>	<u>Athletics</u>
	<u>Tag Rugby</u>	<u>Dance Unit 1</u>	<u>Gymnastics Unit 2</u>	<u>Hockey</u>	<u>Cricket</u>	<u>Tennis</u>