

Autumn Menu 2021



Monday

Tuesday

Wednesday

Thursday

Friday

Week One

6th Sept, 27th
Sept, 18th
Oct, 15th
Nov, 6th Dec,
10th Jan, 31st
Jan

Option 1	Macaroni Cheese	Beef Burger with Potato Wedges	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fishfingers/ Salmon Fish Fingers with Chips and Tomato Sauce
Option 2	Vegetable Wraps with 50/50 Rice	Vegatarian Kitchen Sausage Hot Dog with Potato Wedges	Vegetable Wellington with Roast Potatoes and Gravy	Tomato Pasta with Garlic Bread	Cheese & Potato Tart with Chips
Vegetables	Green Beans Carrots	Coleslaw Sweetcorn	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
Dessert	Sticky Toffee Apple Crumble with Custard	Mandarin Jelly	Ice Cream or Fresh Fruit	Apple, Cheese and Biscuits	Oaty Cookie

Week Two

13th Sept, 4th
Oct, 1st Nov,
22nd Nov,
13th Dec,
17th Jan, 7th
Feb

Option 1	Cheese and Tomato Pizza with New Potatoes	Beef Pasta Bake	Roast Turkey with Roast Potatoes and Gravy	Sweet & Sour Chicken with 50/50 Rice	MSC Breaded Fish with Chips and Tomato Sauce
Option 2	Vegetable Stew with Couscous	Vegetable Curry with Rice	Roasted Quorn with Roast Potatoes and Gravy	Mexican Bean Roll with Roasted New Potatoes	Quorn Burger in a bun with chips
Vegetables	Peppers Garden Peas	Green Beans Cauliflower	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
Dessert	Pear Crumble with Custard	Chocolate Shortbread	Ice Lollies or Fresh Fruit	Berry Upside Down Cake	Apple Flapjack

Week Three

20th Sept,
11th Oct, 8th
Nov, 29th
Nov, 3rd Jan,
24th Jan, 14th
Feb

Option 1	Vegetarian Tortilla Stack with Rice	Sausage Roll with Wedges	Roast Bacon Loin with Roast Potatoes and Gravy	Chicken & Broccoli Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce
Option 2	Vegetarian Kitchen Meatballs in Tomato Sauce with Rice	Vegetarian Lasagne	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake	BBQ Quorn with Chips
Vegetables	Broccoli Sweetcorn	Garden Peas Carrots	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
Dessert	Rice Pudding with Mixed Berries	Chocolate Sponge with Chocolate Sauce	Ice Cream or Fresh Fruit	Apple Sponge and Custard	Pinwheel Cookie

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.