

Autumn Menu 2021

Added Plant Power
Vegan
Wholemeal

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread
- freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	Option 1	Macaroni Cheese	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Lasagne with Garlic Bread	MSC Fishfingers/ Salmon Fish Fingers with Chips and Tomato Sauce
	Option 2	Vegetable Wraps with 50/50 Rice	Vegetable Wellington with Roast Potatoes and Gravy	Tomato Pasta with Garlic Bread	Cheese & Potato Tart with Chips
	Vegetables	Green Beans Carrots	Cauliflower Broccoli	Roasted Mixed Vegetables	Baked Beans Garden Peas
	Dessert	Sticky Toffee Apple Crumble with Custard	Fruit and Yoghurt Station	Apple, Cheese and Biscuits	Oaty Cookie
Week Two	Option 1	Cheese and Tomato Pizza with New Potatoes	Roast Turkey with Roast Potatoes and Gravy	Sweet & Sour Chicken with 50/50 Rice	MSC Breaded Fish with Chips and Tomato Sauce
	Option 2	Vegetable Stew with Couscous	Roasted Quorn with Roast Potatoes and Gravy	Mexican Bean Roll with Roasted New Potatoes	Quorn Burger in a bun with chips
	Vegetables	Peppers Garden Peas	Cabbage Carrots	Sweetcorn Broccoli	Baked Beans Garden Peas
	Dessert	Pear Crumble with Custard	Fruit and Yoghurt Station	Peach Upside Down Cake	Apple Flapjack
Week Three	Option 1	Vegetarian Tortilla Stack with Rice	Roast Bacon Loin with Roast Potatoes and Gravy	Chicken & Broccoli Pasta Bake	MSC Fish in Batter with Chips and Tomato Sauce
	Option 2	Devil's Kitchen Meatballs in Tomato Sauce with Rice	Mixed Vegetable Loaf with Roast Potatoes and Gravy	Wholemeal Vegetable Pasta Bake	BBQ Quorn with Chips
	Vegetables	Broccoli Sweetcorn	Carrot and Swede Mash	Green Beans Cauliflower	Baked Beans Garden Peas
	Dessert	Rice Pudding with Mixed Berries	Fruit and Yoghurt Station	Apple Sponge and Custard	Pinwheel Cookie