

Free Independent Support

ONE PAGE PROFILES

As part of our free Independent Support service we work with education settings to create One Page Profiles for children and young people with SEND as part of the EHC Plan process.

A One Page Profile is a person centered tool that captures important information about a child/young person on a single piece of paper. Our trained Independent Supporters work one to one with children/young people or in small groups to create the One Page Profiles. The layout, design and contents can be adapted to suit each setting.

If you would like to access our free One Page Profile support for children/young people at your education setting contact us.

The image displays three examples of One Page Profiles, each designed for a different individual. Each profile is a single sheet of paper with various sections and a central illustration of the person.

- Profile 1 (Josh, Age 15):** Features a drawing of a boy. Sections include: 'What others like and admire about me...' (Humorous, Fun, Nice, Honest, Friendly), 'Aspirations and thoughts about the future...' (Be a Mathematician, Learn to Drive, Have a job - work with cars), 'What is important to me...' (Music, PS4, Food - Pizza, My Dog), 'How best to support me...' (It is important to me to be supported by people I know well as I can ask for help if I need to. I like working with my mates when I can in a group.), 'What I like best about myself and what others like and admire about me...' (Kind, Funny, Independent, Helpful, A good cook, Set a good example to others, Friendly, Interested in others), 'How best to support me...' (Sometimes I get distracted during lessons, Support me to keep me on task, Working from a task written on the board, Understanding tasks), 'What I find difficult...' (How to help me: Support me to break down instructions/information into smaller 'chunks', People to talk slower and break down instructions/information into smaller 'chunks'), 'What is working well that I would like to build on...' (Like to build on: Working in the cafe part time, Group lessons - built up to taking my test, Being a hard working person, Eat more fruit and vegetables, Make telephone calls to the doctors myself, Meet up with friends outside of college, Keep going to Youth Club), 'Help my Mum' (To me: At College: Learning new skills, Being happy, Seeing my friends; At Home: My Family, My dog, My phone, Cooking; For Mum: Watching TV, Facebook, Twitter and Flickr, Seeing friends), 'Aspirations and thoughts about the future...' (Have wedding cakes), 'What is important to me...' (My Mum, Baking cakes with my Nanna, Playing with my friends at school, My rabbits), 'How best to support me...' (Sometimes I get anxious if the classroom is noisy, It is important I have a safe quiet space to go to, if I need to).
- Profile 2 (Name: Picture changed, Age: to protect identity of student):** Features a drawing of a boy. Sections include: 'What I like best about myself and what others like and admire about me...' (Kind, Funny, Independent, Helpful, A good cook, Set a good example to others, Friendly, Interested in others), 'How best to support me...' (Sometimes I get distracted during lessons, Support me to keep me on task, Working from a task written on the board, Understanding tasks), 'What I find difficult...' (How to help me: Support me to break down instructions/information into smaller 'chunks', People to talk slower and break down instructions/information into smaller 'chunks'), 'What is working well that I would like to build on...' (Like to build on: Working in the cafe part time, Group lessons - built up to taking my test, Being a hard working person, Eat more fruit and vegetables, Make telephone calls to the doctors myself, Meet up with friends outside of college, Keep going to Youth Club), 'Help my Mum' (To me: At College: Learning new skills, Being happy, Seeing my friends; At Home: My Family, My dog, My phone, Cooking; For Mum: Watching TV, Facebook, Twitter and Flickr, Seeing friends), 'Aspirations and thoughts about the future...' (Have wedding cakes), 'What is important to me...' (My Mum, Baking cakes with my Nanna, Playing with my friends at school, My rabbits), 'How best to support me...' (Sometimes I get anxious if the classroom is noisy, It is important I have a safe quiet space to go to, if I need to).
- Profile 3 (Name: Picture changed, Age: to protect identity of student):** Features a drawing of a girl. Sections include: 'What I like best about myself and what others like and admire about me...' (Kind, Funny, Independent, Helpful, A good cook, Set a good example to others, Friendly, Interested in others), 'How best to support me...' (Sometimes I get distracted during lessons, Support me to keep me on task, Working from a task written on the board, Understanding tasks), 'What I find difficult...' (How to help me: Support me to break down instructions/information into smaller 'chunks', People to talk slower and break down instructions/information into smaller 'chunks'), 'What is working well that I would like to build on...' (Like to build on: Working in the cafe part time, Group lessons - built up to taking my test, Being a hard working person, Eat more fruit and vegetables, Make telephone calls to the doctors myself, Meet up with friends outside of college, Keep going to Youth Club), 'Help my Mum' (To me: At College: Learning new skills, Being happy, Seeing my friends; At Home: My Family, My dog, My phone, Cooking; For Mum: Watching TV, Facebook, Twitter and Flickr, Seeing friends), 'Aspirations and thoughts about the future...' (Have wedding cakes), 'What is important to me...' (My Mum, Baking cakes with my Nanna, Playing with my friends at school, My rabbits), 'How best to support me...' (Sometimes I get anxious if the classroom is noisy, It is important I have a safe quiet space to go to, if I need to).

