

## Unit Overview

	<b>Autumn</b> <b>Whole school Values</b> <b>Respect &amp; Thoughtfulness</b> or <b>Respect and Peace</b>	<b>Spring</b> <b>Whole school Values</b> <b>Sharing and Caring &amp; Responsibility and</b> <b>cooperation</b> or <b>Courage and Happiness</b>	<b>Summer</b> <b>Whole school Values</b> <b>Friendship and Honesty</b> or <b>Trust and Tolerance</b>
<b>Foundation Stage</b>	<u><b>Personal Social and Emotional Development</b></u> <p>Talk about members of their immediate family and community.  Name and describe people who are familiar to them.  Tour of the school and indoor and outdoor rules  Talk about the contents of their 'My Special Things' box  New beginnings SEAL  See themselves as a valuable individual.  Build constructive and respectful relationships.  Express their feelings and consider the feelings of others.  Identify and moderate their own feelings socially and emotionally.  Manage their own needs.  Stories about how they and others show feelings  Feelings Monster</p>	<u><b>Personal Social and Emotional Development</b></u> <p>'Going for Goals!' activities identifying individual strengths and goals.  Feelings relating to penguin stories – shy, lonely, confused, home sick.  How are we different from one another?  Stories illustrating perseverance, e.g. The Tortoise and the Hare, Gordon and Edward (Thomas the Tank Engine), Story about Samindra, The Crow and the Pitcher  Good to Be Me  Good to me – activities using puppets/role play  Feeling good about myself  Understand my feelings, e.g. happy, proud, sad, angry  Feel loved and cared for</p>	<u><b>Personal Social and Emotional Development</b></u> <p>'Relationships'  Fair and unfair situations  Activities  Changes activities  How we change over time  Remembering our first day at school  Looking ahead to Year 1  Helping new children who visit  Behaviour – by accident /on purpose and finding solutions</p>

	<p>Getting on and Falling Out SEAL</p> <p>Resolving conflicts</p> <p>Identify and moderate their own feelings socially and emotionally.</p> <p>Building respectful relationships with adults and other children</p>		
Year 1	<p><b><u>Health and Wellbeing (H)</u></b></p> <p>Mental Health</p> <p><b><u>Relationships (R)</u></b></p> <p>Friendships</p> <p>Safe relationships</p> <p>Respecting self and others</p> <p><b><u>Living in the Wider World (L)</u></b></p> <p>Shared responsibilities</p> <p><a href="#"><u>Medium Term Plan 1</u></a></p> <p><a href="#"><u>Medium Term Plan 2</u></a></p>	<p><b><u>Health and Wellbeing (H)</u></b></p> <p>Healthy Lifestyles (physical wellbeing)</p> <p><b><u>Relationships (R)</u></b></p> <p>Families and close positive relationships</p> <p>Friendships</p> <p>Respecting self and others</p> <p><b><u>Living in the Wider World (L)</u></b></p> <p>Shared responsibilities</p> <p>Communities</p> <p><a href="#"><u>Medium Term Plan 1</u></a></p> <p><a href="#"><u>Medium Term Plan 2</u></a></p>	<p><b><u>Health and Wellbeing (H)</u></b></p> <p>Healthy Lifestyles (physical wellbeing)</p> <p>Ourselves, growing and changing</p> <p>Keeping safe</p> <p><b><u>Relationships</u></b></p> <p>Managing hurtful behaviour and bullying</p> <p>Safe relationships</p> <p><b><u>Living in the Wider World (L)</u></b></p> <p>Economic wellbeing: money</p> <p>Economic wellbeing: aspirations, work and career</p> <p><a href="#"><u>Medium Term Plan 1</u></a></p> <p><a href="#"><u>Medium Term Plan 2</u></a></p>
Year 2	<p><b><u>Health and Wellbeing (H)</u></b></p> <p>Mental Health</p> <p><b><u>Relationships (R)</u></b></p> <p>Friendships</p> <p>Safe relationships</p> <p>Respecting self and others</p> <p><b>Medium Term Plan 1</b></p> <p><b>Medium Term Plan 2</b></p>	<p><b><u>Health and Wellbeing (H)</u></b></p> <p>Healthy Lifestyles (physical wellbeing)</p> <p>Keeping safe</p> <p><b><u>Relationships (R)</u></b></p> <p>Managing hurtful behaviour and bullying</p> <p><a href="#"><u>Medium Term Plan 1</u></a></p> <p><a href="#"><u>Medium Term Plan 2</u></a></p>	<p><b><u>Health and Wellbeing (H)</u></b></p> <p>Ourselves, growing and changing</p> <p><b><u>Relationships (R)</u></b></p> <p>Families and close positive relationships</p> <p><b><u>Living in the Wider World (L)</u></b></p> <p>Shared responsibilities</p> <p>Communities</p> <p>Media literacy and digital resilience</p> <p>Economic wellbeing: money</p> <p>Economic wellbeing: aspirations, work and career</p> <p><a href="#"><u>Medium Term Plan 1</u></a></p> <p><a href="#"><u>Medium Term Plan 2</u></a></p>

<p><b>Year 3</b></p>	<p><b><u>Relationships (R)</u></b> Families and close positive relationships Friendships <b><u>Health and Well being</u></b> Keeping safe <b><u>Relationships</u></b> Managing hurtful behaviour and bullying <a href="#"><u>Medium Term Plan 1</u></a> <a href="#"><u>Medium Term Plan 2</u></a></p>	<p><b><u>Health and Well being</u></b> Mental Health Ourselves, growing and changing <b><u>Relationships</u></b> Safe relationships <b><u>Living in the Wider world</u></b> Communities Economic wellbeing: aspirations, work and career <a href="#"><u>Medium Term Plan 1</u></a> <a href="#"><u>Medium Term Plan 2</u></a></p>	<p><b><u>Health and Well being</u></b> Healthy Lifestyles (physical wellbeing) Problem-solving strategies for dealing with emotions, challenges and change, including the transition to new schools <b><u>Living in the Wider world</u></b> Economic wellbeing: money Shared responsibilities <b><u>Relationships</u></b> Respecting self and others <b><u>Living in the Wider world</u></b> <a href="#"><u>Medium Term Plan 1</u></a> <a href="#"><u>Medium Term Plan 2</u></a></p>
<p><b>Year 4</b></p>	<p><b><u>Living in the Wider World (L)</u></b> Shared responsibilities (L) Communities (L) Media literacy and digital resilience (L) Economic wellbeing: money(L) Economic wellbeing: aspirations, work and career (L) <a href="#"><u>Medium Term Plan</u></a></p>	<p><b><u>Relationships (R)</u></b> Families and close positive relationships Friendships (R) Managing hurtful behaviour and bullying (R) Safe Relationships (R) <b><u>Health and Wellbeing (H)</u></b> Healthy Lifestyles D&amp;T (H) Mental Health (H) Keeping safe (H) <a href="#"><u>Medium Term Plan</u></a></p>	<p><b><u>Health and Wellbeing (H)</u></b> Healthy lifestyles (H) Ourselves growing and changing (H) Drugs, alcohol, tobacco (H) Keeping safe <b><u>Relationships (R)</u></b> Respecting self and others (R) <a href="#"><u>Medium Term Plan</u></a></p>